



LONG BEACH RSL  
CHELSEA

### ALLERGEN DISCLAIMER

Our products are all manufactured & prepared on equipment that may contain small traces or residue or may have been in contact with allergenic substances like cereals, gluten, egg & milk products, peanuts & nuts, seeds & soy products, crustacean & fish products, sulphites, royal jelly, bee pollen & their products. Therefore we are unable to guarantee that any item sold is free from traces of listed allergens.

# Menu

## Entrée

	Members	Non Members
<b>GARLIC AND HERB BREAD</b>	\$7.00	\$8.00
Add cheese (V)	\$7.00	\$9.00
Add chilli cheese (V)	\$7.00	\$9.00
<b>SOUP OF THE DAY</b>	\$8.00	\$9.00
With Crusty focaccia		
<b>MEATLOVER FOUR CHEESE ARANCINI BALLS (3pcs)</b>	\$13.00	\$14.00
Spiced barbeque aioli, rocket, Grana Padano cheese		
<b>LONGBEACH CRISPY CHICKEN WINGS</b>	\$14.00	\$15.00
Sticky barbeque sauce, sesame seeds		
<b>LEMON AND PEPPER CALAMARI</b>	\$14.00	\$15.00
Rocket, lemon aioli, chilli (GF)		
<b>CHARGRILLED ZUCCINI SALAD</b>	\$14.00	\$15.00
Hummus, salsa, rocket, mint (V/VG/DF/GF)		
<b>HOUSE MADE PORK MEAT BALLS</b>	\$14.00	\$15.00
San Manzano tomato, pesto, Grana Padano (GF)		

### Bistro Dining Hours

#### Lunch

11:30am-2:00pm

#### Dinner

5:30pm-8:30pm

V-Vegetarian VG- Vegan DF- Dairy Free GF- Gluten Free

Please inform staff when ordering of any dietary requirements.

# Burgers & Sandwiches

	Members	Non Members
<b>LONGBEACH CLASSIC BEEF BURGER</b> Angus beef, American cheddar cheese, lettuce, Westmont pickles, mild American mustard, Carolina aioli, fresh tomatoes, Spanish onion, Milk bun, chips	\$22.00	\$24.00
<b>SOUTHERN FRIED CHICKEN BURGER</b> Crispy chicken, maple bacon, lettuce, aioli, tomato relish, fresh tomatoes, Milk bun, chips	\$22.00	\$24.00
<b>PULLED PORK BURGER</b> 24hrs cider spiced braised pork shoulder, barbeque sauce, coleslaw, aioli, Westmont pickles, Milk bun, chips	\$20.00	\$22.00
<b>CLASSIC STEAK SANGA</b> Tender 200gms porterhouse steak, American cheddar cheese lettuce, aioli, fresh tomatoes, Turkish bread, crunchy potato wedges	\$23.00	\$25.00

# Salads

	Members	Non Members
<b>WARM ASIAN BEEF SALAD</b> Wombok, red cabbage, fresh Asian herbs, toasted peanuts, carrots, nouc ampha sauce, Bean sprouts, spring onions, chilli (DF, GF)	\$24.00	\$26.00
<b>CLASSIC CHICKEN AND PANCHETTA SALAD</b> Grilled chicken tenderloins, crispy pancetta, grilled capsicum, honeyed pumpkin, fresh cos lettuce, lemon parmesan dressing, fresh herbs (GF)	\$22.00	\$24.00
<b>QUINOA AND BROCOLLI SALAD</b> Rocket, warm quinoa, grilled broccoli, honeyed pumpkin, hummus, olive oil dressing (V,VG,DF)	\$20.00	\$22.00
<b>GREEK SALAD</b> Fresh lettuce, Kalamata olives, Bulgarian feta cheese, fresh tomatoes, cucumber, Dijon mustard dressing (V,DF,GF)	\$17.00	\$19.00

# Little Soldiers

ALL \$9

## KIDS CHICKEN AND CHIPS

Tomato sauce (DF)

## KIDS SPAGHETTI BOLOGNESE

Parmesan cheese

## KIDS SPAGHETTI NAPOLI

Parmesan cheese

## KIDS ROAST

Seasonal vegetables and gravy (GF,DF)

## KIDS CHEESE BURGER

Tomato sauce and chips

## KIDS FISH AND CHIPS

Tomato sauce

ALL KIDS MEALS COME WITH A FREE SOFT DRINK AND KIDS DESSERT

# Desserts

	Members	Non Members
<b>STEWED APPLE AND RHUBARB CRUMBLE</b> Vanilla bean ice cream, cinnamon	\$12	\$13
<b>WARM CHOCOLATE BROWNIE</b> Caramel sauce, vanilla bean ice cream	\$12	\$13
<b>SENIORS CAKE OF THE DAY</b> Cream and icing sugar	\$5	\$6
<b>SENIORS PAVLOVA</b> Cream, chocolate crumbs, icing sugar	\$5	\$6

# Seniors

	Members	Non Members
<b>200GMS PORTERHOUSE STEAK</b>	\$18.00	\$19.00
Chips and salad OR chips and seasonal vegetables and choice of Gravy, creamy pepper, mushroom, onion gravy, garlic butter (GF)		
<b>LAMB SHANKS</b>	\$16.00	\$17.00
Creamy potato mash, Seasonal vegetables, red wine gravy (GF)		
<b>HOME MADE BEEF LASAGNE</b>	\$14.00	\$15.00
Traditional Bolognese ragu, Béchamel, mozzarella cheese, parmesan cheese.		
<b>SPAGHETTI BOLOGNESE</b>	\$13.00	\$14.00
Traditional Bolognese ragu, basil, parmesan cheese		
<b>SPAGHETTI CARBONARA</b>	\$13.00	\$14.00
Bacon, cream, egg, parsley		
<b>CHICKEN PARMA</b>	\$13.00	\$14.00
Hand crumbed organic chicken breast, Virginia ham, Napoli, mozzarella cheese, chips and House dressed salad		
<b>CHICKEN SCHNITZEL</b>	\$12.00	\$13.00
Hand crumbed organic chicken breast, chips and house dressed salad, jug of gravy		
<b>BEER BATTERED FISH AND CHIPS</b>	\$14.00	\$15.00
Tartare sauce, lemon, house dressed salad		
<b>CORNED BEEF</b>	\$13.00	\$14.00
Creamy potato mash, Seasonal vegetables, creamy mustard sauce (GF)		
<b>PIE OF THE DAY</b>	\$15.00	\$16.00
Mashed peas, creamy potato mash, gravy		
<b>BEEF RISSOLES</b>	\$13.00	\$14.00
Creamy potato mash, seasonal vegetables, onion gravy (GF)		
<b>ROAST OF THE DAY</b>	\$13.00	\$14.00
Seasonal vegetables, grilled pumpkin, baked potatoes, gravy (GF,DF)		

# Club Classics

	Members	Non Members
<b>LAMB SHANKS</b>	\$22.00	\$24.00
Creamy potato mash, Seasonal vegetables, red wine gravy (GF)		
<b>PIE OF THE DAY</b>	\$21.00	\$23.00
Mashed peas, creamy potato mash, gravy		
<b>INDIAN BUTTER CHICKEN</b>	\$22.00	\$24.00
Basmati rice, naan bread, coriander		
<b>BEEF RISSOLES</b>	\$21.00	\$23.00
Creamy potato mash, seasonal vegetables, onion gravy (GF)		
<b>ROAST OF THE DAY</b>	\$21.00	\$23.00
Seasonal vegetables, grilled pumpkin, baked potatoes, gravy (GF)		
<b>CHICKEN PARMA</b>	\$23.00	\$25.00
Hand crumbed organic chicken breast, Virginia ham, Napoli, mozzarella cheese, chips and House dressed salad		
<b>CHICKEN SCHNITZEL</b>	\$21.00	\$23.00
Hand crumbed organic chicken breast, chips and house dressed salad, jug of gravy		
<b>BEER BATTERED FISH AND CHIPS</b>	\$24.00	\$26.00
Tartare sauce, lemon, house dressed salad		
<b>CORNED BEEF</b>	\$23.00	\$25.00
Creamy potato mash, Seasonal vegetables, creamy mustard sauce (GF)		
<b>LEMON AND PEPPER CALAMARI</b>	\$22.00	\$23.00
Rocket, lemon aioli, chilli (GF,DF)		

# Mains & Chargrill

	Members	Non Members
<b>HOME MADE BEEF LASAGNE</b> Beef Bolognese ragu, béchamel, mozzarella cheese, basil, grana Padano cheese and focaccia bread	\$23.00	\$25.00
<b>CHICKEN SALTIMBOCCA</b> Organic grilled chicken breast, crispy pancetta, sage and mushrooms sauce, long grain rice, seasonal vegetables, parsley	\$27.00	\$29.00
<b>GREEK STYLE OPEN SOUVLAKI</b> Slow braised lamb shoulder, hummus, rocket, oregano, mint yoghurt, fresh Greek bread and crunchy wedges	\$25.00	\$26.00
<b>FISH OF THE DAY</b> Fresh grilled market fish, See Specials Board for today's selection	\$26.00	\$28.00
<b>BEEF CHEEK RAGU</b> 12hours Braised beef cheek, Creamy potato mash, focaccia bread	\$23.00	\$25.00
<b>CRISPY PORK BELLY</b> Free range 300gms pork belly, Asian style long grain rice, grilled bok choy, soy ginger sauce, kasundi	\$29.00	\$31.00
<b>OVEN BAKED CANNELLONI</b> Fresh Cylindrical pasta, ricotta cheese, spinach, Napoli sauce, béchamel, mozzarella cheese, basil and Grana Padano cheese (V)	\$26.00	\$28.00
<b>WILD MUSHROOM &amp; SPINACH RISOTTO</b> Thyme butter, mushroom ragu, baby spinach, parsley, Grana Padano cheese (V)	\$22.00	\$24.00

# Mains & Chargrill

	Members	Non Members
<b>VEGAN INDIAN CURRY</b> Soy and potato vegan curry, Basmati rice, naan bread, coriander (V,VG)	\$21.00	\$23.00
<b>PORK RIB EYE</b> 300gms free range pork rib eye steak, crusty rosemary potatoes, coleslaw, pineapple and green apple sauce (GF)	\$30.00	\$32.00
<b>PORTERHOUSE STEAK</b> 300GMS MB3 SOUTHERN RANGES (VIC), Dressed leaves, chips, choice of mushroom sauce, creamy peppercorn sauce, gravy, garlic butter, sea salt and rosemary (GF)	\$32.00	\$34.00

## Sides

<b>HOUSE CHIPS</b> Aioli, tomato ketchup	\$8.00
<b>POTATO WEDGES</b> Sweet chilli sauce, sour cream	\$9.50
<b>CREAMY POTATO MASH</b>	\$5.00
<b>BOWL OF SEASONAL VEGETABLES</b>	\$5.00
<b>JUG OF SAUCES</b> Gravy, creamy pepper, mushroom, onion gravy, garlic butter	\$3.00